



# Newark Swimming Club

## 2023-24 KIT LIST

Please see below for personal swim kit items that will be used by swimmers as part of the training sessions in the main pool - including links for where to purchase.

The club does have a small selection of kit in case any swimmer forgets theirs.

### All Sessions/Swimmers

- Competitive swimming costume or trunks (no baggy shorts, bikinis, or race suits)
- Goggles + spare pair (no snorkel masks or large goggles)
- Swimming hat for long hair
- Drinks bottle (min 0.5L) with water or squash
- Training Fins
- Kick Board
- Net bag



### Tue & Sun + Thu Masters, Fitness and County Performance – extras

- Pull Buoy
- Small hand paddles
- Freestyle Training snorkel



### Useful Links

<https://www.allensswimwear.co.uk/>

<https://sportyswim.co.uk/>

<https://www.proswimwear.co.uk/>