

2024 Competitions and Diary Dates

Date	Competition/Event	Location	Who for
20-21 st Jan	Nottinghamshire County Championships	Harvey Hadden, Nottingham	Qualifiers
3-4 th Feb	Nottinghamshire County Championships	Harvey Hadden, Nottingham	Qualifiers
24 th Feb	Nottinghamshire County Championships	Harvey Hadden, Nottingham	Qualifiers
3 rd Mar	Radford Open Meet	Alfreton LC	All 9yr/over
24 th Mar	CABSC Masters Meet/ Masters County Champs	Bingham LC	Masters 18yr+
29th & 31st Mar – No Training (Easter Weekend)			
14 th April	Long Course Training	Harvey Hadden/ Loughborough Uni	County Performance + invited Dev + Fit
4 th May TBC	Duel in the Pool Team Gala	Grantham Meres	All 8/over
May TBC	East Midland Regional Championships - Youth	Moorways LC, Derby OR Ponds Forge, Sheffield TBC	Qualifiers
May TBC	East Midlands Regional Championships – Age Group	Corby International Swimming Pool	Qualifiers
18 th May	Rotherham Metro Springtime Long Course (50m Pool) Meet	Ponds Forge, Sheffield	County Performance + invited Dev + Fit
16 th June TBC	Retford Open Meet	Ponds Forge, Sheffield	All with previous competition experience
29 th June	NSC Mini Meet	Newark Leisure Centre	Ages 7-11
Last swim before Summer – Sunday 11th August			
First swim back after Summer – Tuesday 27th August			
28 th Sep	Newark SC September Sprints	Newark LC	All 8/over